



Pamper yourself	
The essential collection (2 hrs 30 mins) Essential facial, back massage, and Jessica manicure.	£90.00
The holiday collection (2 hrs 45 mins) Half leg and bikini wax, manicure, pedicure, eyelash and eyebrow tint.	£90.00
The indulging collection (5 hrs 30 mins) Essential facial, full body massage, deluxe manicure, deluxe pedicure, eyelash/brow tint and eyebrow shape.	£160.00
For the eyes	
Eyelash extensions Xtreme lashes is a revolutionary new product that lengthens and thickens to give you the most beautiful lashes that all of Hollywood is raving about. Single strands of synthetic eyelashes are applied to individual eyelashes, one lash at a time, for a natural, elegant and luscious look. Once applied, Xtreme lashes extend your beauty every day. With different lengths and colours of eyelashes we can create the look you want, for you as an individual, for any occasion. Please phone for more information.	£50.00
Eyelash tint	£15.00
Eyebrow tint	£10.00
Lash/brow tint	£22.00
Eyebrow shape	£10.00
NB. A skin test is required for tinting at least 24 hours prior to treatment.	

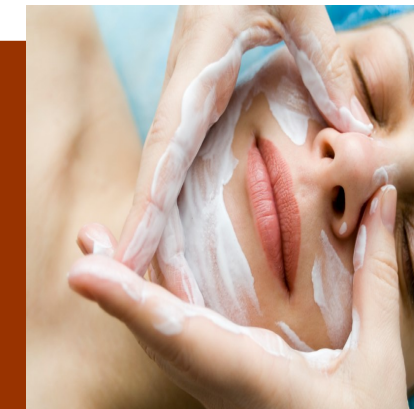


LVL Lashes £40.00
Created exclusively by Nouveau Lashes, LVL Enhance is the revolutionary natural lash treatment taking the beauty industry by storm. Loved by beauty press and bloggers across the globe the globe, LVL Enhance adds length, volume and lift to natural lashes. With no extensions, no adhesive and no mascara LVL Enhance is gentle on your lashes. LVL Enhance straightens your natural lashes at the root, giving the effect of longer, lifted lashes in just 40 minutes. The results are instant and last for 6-8 weeks. NB. A patch test is required 48 hours prior to treatment.

Hands and feet	
Jessica is one of the world's leading natural nail care systems. This exclusive hand, foot and nail treatment gives everyone the chance to have a lifetime of beautiful nails.	
Jessica manicure This is an excellent treatment for conditioning and feeding the nail. A fabulous maintenance program.	£25.00
Jessica deluxe manicure This manicure is a luxurious treatment for the hand and nails. Using heated mittens to encourage essential vitamins and minerals to be absorbed more easily.	£30.00
File and varnish	£15.00
Jessica pedicure Jessica's aromatherapy pedicure system combines scientific aromatherapy with natural extracts and botanicals, for an effective soothing pedicure.	£30.00
Jessica deluxe pedicure This is the finest of all pedicures, a luxurious heat treatment to condition and hydrate. A chance to unwind and relieve anxiety and stress.	£35.00



Made for men — for the body	
Full body hot stone massage (1 hr 30 mins)	£75.00
Back, neck and shoulder hot stone massage (45 mins)	£45.00
Full Body Swedish massage (1 hr 10 mins)	£50.00
Back, neck and shoulder Swedish massage (30 mins)	£35.00
Made for men — waxing	
Chest wax	£25.00
Back wax	£25.00
Eyebrow wax	£10.00



Waxing	
Half leg	£20.00
Full leg including bikini	£40.00
Full leg	£30.00
Three quarter leg	£25.00
Underarm	£10.00
Bikini line	£15.00
Brazilian	£30.00
Hollywood	£33.00
Lip and chin	£15.00
Lip	£10.00
Chin	£10.00
Half arm	£15.00
Full arm	£20.00

Make-up	
Make-up	£45.00
Make-up lesson	£65.00
Wedding Make-up	£140.00
Trial + Make-up on the day at your venue. Any additional people are £35 per person.	
Spray tan	
Full body spray	£25.00
With a Sienna spray tan, you will look and feel fantastic in less than 15 minutes. The fast-acting formula goes on beautifully to develop into a rich lasting natural-looking tan.	
The Wedding Collection	
For your special day when you want to feel and look your best, leave nothing to chance with our exclusive wedding package.	
1 week before your wedding (2 hrs) Cleanse, tone and moisturise Trial make-up Jessica Gel Manicure Jessica Gel Pedicure	
On your wedding day (1 hr 15 mins) Cleanse, tone and moisturise Make-up	
Total Cost £185.00	



Jessica GELeration

Paints like a Polish but performs like a Gel. GELeration soak-off Gel Polish is the new generation in soak-off systems. One professional application can last for up to four weeks. No chips, no touch ups, no fading. GELeration has been developed with the long term health of the natural nail in mind, so the process is kind to nails. Even weak, broken or bitten nails are given a new lease of life, perfect as an ongoing manicure solution, or to provide temporary support to help problem nails grow.

GELeration Manicure	£30.00
File and Polish	£25.00
Soak Off	£15.00
GELeration Pedicure	£35.00
GELeration Foot File and Polish	£25.00
BIAB Overlay (over natural nails)	£30.00
BIAB Extensions	£40.00
BIAB Infills	£30.00
Acrylic Overlay (over natural nails)	£30.00
Acrylic Extensions	£40.00
Acrylic Infills	£30.00
Nail Art	from £4.00



For the face

Here at Blue Dragonfly, Environ are our chosen beauty treatment products for facial skin care. Environ skin care achieves outstanding results for people who are serious about skin. Formulated by Dr Des Fernandes, a world renowned plastic surgeon, the range contains a unique combination of active ingredients to protect and nourish. The clinically tested formulations are packed with powerful antioxidants and active vitamins to help improve the appearance of lines, sun damage, problem skin, uneven skin tone and dryness.

Active Vitamin Treatment (3 areas) £75.00
1 hour
Advanced Active Vitamin Treatment (10 areas) £95.00
1.5 hour

Packed with nourishing, anti-ageing ingredients, the Active Vitamin Treatment will leave your skin looking radiant and dewy. The freshest, most active forms of Vitamin A, C and Anti Oxidants are driven deep into the lower layers of the skin using soundwaves and small electrical pulses. This scientific approach stimulates Collagen to soften lines and improve elasticity, increase hydration and boost radiance. The Active Vitamin Treatment is suitable for all skin types and is particularly effective at addressing sun damage, pigmentation, premature ageing, dryness, uneven skin tone and scarring with measurable differences after just one session.

The Frown Treatment £100.00

45 minutes
This highly effective treatment uses a special pent peptide serum to target frown lines and achieve dramatic results. The unique combination of active ingredients is driven deep into the skin to soften lines and reduce muscle tension in the forehead helping to prevent new lines forming. The treatment targets the same chemical complexes as injectables without the associated risks.

HydraBoost Treatment £95.00

1 hour
The perfect antidote to dry, lacklustre skin, this intensive treatment deeply hydrates while pumping and firming the skin. Based on Hyaluronic Acid, which holds 1000 times its own weight in water, it helps to reduce fine lines caused by dehydration and increase the plumpness of the dermis, resulting in moisturised, glowing skin.

Precision Treatment £55.00

30 minutes
This time effective treatment targets specific areas of concern using unique skin care techniques that ensure effective results. This treatment is perfect for when your time is limited.

Purifying Treatment £55.00

30 minutes
Created to purify micro-exfoliate and re-hydrate your skin, this particular treatment assists with the treatment of acne, scarring and deep skin congestion. The combination of scientifically advanced products and techniques revives and refreshes your skin, leaving your skin feeling like new.

Cool Peel Treatment £75.00

1 hour
This revolutionary approach to peeling achieves incredible results without damaging the skin. Low strength Lactic Acid is used to reduce the skins PH and trigger the release of growth factors, which creates tighter, smoother skin. It destroys bacteria, boosts hydration and removes the build-up of dead skin cells, helping to decongest the surface and smooth its texture. The Cool Peel is ideal for clients with lines and wrinkles, rough or problem skin, sun damage and Rosacea.

Collagen Power Facial £95.00

1.5 hour
This is the most powerful anti-ageing facial. The use of three anti-ageing peptides will stimulate collagen and elastin, increase volume in the dermis, stimulate growth factors and hydrate the skin. The perfect antidote for ageing of the skin.

Essential Facial £50.00

1 hour
This hands on facial benefits from all the anti-oxidants and vitamins that Environ offer in a luxury manual facial.



Blue Dragonfly



About us

Established in March 2000, Blue Dragonfly Health & Beauty is located in The Lodge at 34 Spruce Drive, Bicester

Making your booking

Please telephone 07747887409 to make an appointment. You should arrive 5 minutes before your scheduled appointment to prevent any delays. Your therapist is committed to your booking therefore 24 hours notice is to be given for any cancellation. A cancellation fee will apply if appropriate notice is not given. Some treatments are not suitable for you if you have certain medical conditions. We will be happy to discuss any special needs you may have and advise on the most suitable for you.

All treatments by appointment only.

Gift vouchers available

Please phone number below for details.

**The Lodge
34 Spruce Drive
Bicester
OX26 3YN**

Www.bluedragonfly.co.uk

Tel: 07747887409

**Relax | Pamper | Rejuvenate
Blue Dragonfly Health & Beauty Price List**

For the body

Hot stone massage

Hot stone therapy is a type of massage using specially heated, volcanic lava stones, combined with massage movements which has healing properties for both skin and muscles. This unique therapy uses the stones that are extremely effective due to their thermal and energy-conductive effects. The application of hands, in conjunction with these unique stones, produces intensified universal energies and we can direct this energy flow to areas of blockage to help harmonise, restore and rejuvenate the body at its deepest level. As a result you will receive a deeper, more relaxing massage than ever before.

Full body massage (1 hr 30 mins) £75.00
Back, neck and shoulder massage (45 mins) £45.00

Swedish massage

Create a feeling of total relaxation and general well being. Swedish massage works on soothing, stimulating and toning muscle tissue, increasing lymphatic drainage and blood circulation.

Full body massage (1 hr 10 mins) £55.00
Back, neck and shoulder (30 mins) £35.00

Indian head massage (30 mins) £35.00

An excellent form of stress relief, using massage techniques that promote energy to balance the body and mind. Concentrating on the head, neck and shoulders to give a psychological and physical up lift.

Perfect polish (30 mins) £35.00
Head-to-toe exfoliating treatment

Blissfully bare (1 hr 10 mins) £60.00
Head-to-toe exfoliation and pampering

Purifying back treatment (30 mins) £35.00
A treatment to cleanse the back. An invigorating exfoliation, followed by a purifying mask and finished with a beautiful hydrator to leave your back tingling for more.